



L2LIFESTYLE IS A PROJECT WITHIN THE ERASMUS+ PROGRAMME

About the Project

The L2 Lifestyle project aims at strengthening the recruitment, selection and induction of the best and most suitable candidates for the teaching profession (also educators and facilitators in general, in formal and non-formal learning), and actions supporting the promotion of high-quality and innovative teaching in all educational sectors, training and youth work. The Programme will support the professional development of educators (teachers, professors, tutors, mentors, coaches etc.), youth workers, learners with disadvantaged backgrounds as well as fostering diversity in classrooms, use of innovative teaching content, methods and tools, and work-based and informal learning contexts and processes.

In this way, the project will extend and develop educators' competences, particularly in the effective teaching to low-skilled or low-qualified adults. In the L2 Lifestyle, the priority is defined as 'Communicating in a foreign language', one of the key competences established by the European Commission as part of a lifelong learning strategy, which includes mediation skills and intercultural competence.

Effective Coaching of Language Students in Europe

L2Lifestyle

L2 LIFESTYLE is likely to have sustainable direct impacts within and beyond the project lifetime on three target groups:

- 1) L2 language teachers
- 2) Adult language students
- 3) Companies and organizations active in the field of language training and adult education in general.

By creating these training tools as well as the practical toolkit for language teachers, teacher trainers and academic managers, the consortium expects to achieve the overall objective of the project and a long term benefit: tools for effective and lifelong language learning for a multilingual society.



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L2Lifestyle

Effective Coaching of
Language Students in Europe

www.l2lifestyle.eu
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lifestyle
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OUR OBJECTIVES

The project is triple focused. The main priority is the language teaching professional who, through the L2 Lifestyle project, will acquire new and innovative teaching skills which will help them being more employable and experience greater job stability.

Another key focus is on the learning individual, who will acquire higher employability and greater job stability through the acquisition of new communication skills in a foreign language. The final focus is the academic managers of training institutions. Through the project's transversal approach which involves students, teachers and school management, we propose a sustainable institutional learning approach which ensures that language teachers as well as their students in Europe will benefit from this project for many years to come.

The project is strongly focused on the improvement of results in language courses. Importantly, language students will be provided with not only new language skills but also more effective soft skills when using the foreign language including, for example, Emotional Intelligence. Students working or seeking work will benefit from developing key vocational interpersonal skills, thereby developing themselves to become more communicatively able professionals and thus, reinforcing the results and sustainability of better companies for the European society.

THE PROJECT CONSORTIUM

The project consortium is composed of 6 organisations from 5 different EU countries (UK, IRL, RO, SP and PO) and shows cooperation between new and old European Member States. A comprehensive partnership has been established, consisting of a solid group of training companies with long experience in innovation in their training techniques.

CPIP & ARID have a long experience in EU projects. DIAMOND BUILDING also has experience in EU projects and has been dedicated for over 20 years to EI, NLP, Coaching and adult training and has experienced language teachers on their staff. I & F has a great experience in EU projects as well as many years of experience in language teaching and training in coaching. This is the first opportunity for BABEL IDIOMAS (ES) and YORK ASSOCIATES (UK) to get involved in Erasmus+. Both partners have many years' experience in language teaching and are of the very few international experts on Coaching in Language Learning. Among their staff we find language teachers and professional coaches.



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RESULTS

The L2 Lifestyle project will result in language teachers using coaching techniques, based partly upon Emotional Intelligence (EI) and Neuro Linguistic Programming (NLP), in the L2 language classroom, to support language students reach their learning goals in a more effective manner. In this manner both the language teacher as well as the language student become more employable. Through this project, language teachers all over Europe can benefit from the application of newly-developed teaching and learner development techniques and become more effective at their job.



The L2 LIFESTYLE Project plans to provide L2 Language teachers across Europe with the necessary innovative, and non-academic, tools and knowledge to be able to offer more effective language learning to their adult language students. We will do this by the use of soft skills as well as coaching techniques, with implementation of Emotional Intelligence (EI) and Neuro Linguistic Programming (NLP) that have proved to be very effective in other learning contexts.

The L2 LIFESTYLE Project will enforce job stability and employability not only of language students but also of the teachers that implement these innovative techniques.

